

Classes offered for 2017

Date	Time	Description	
March 2017			
Saturday & Sunday, March 11 th & 12 th	9am-5pm	**Advanced Trigger Point Techniques for the Arm, Elbow, Wrist and Hand Pain-14 CE's	\$375
Friday, March 31 st	9am-5pm	The Feet Are Our Foundation; Evaluating and Correcting Hyperpronation-8 CE's	\$205
April 2017			
Friday, April 7 th	7pm-9pm	Movie Night: Fascinating Fascia: Strolling Under the Skin Part 1-2 CE's	FREE
Saturday, April 8 th	9am-5pm	**Advanced Trigger Point Techniques for Sports Injuries Upper Body-7 CE's	\$185
Sunday, April 9 th	9am-5pm	**Advanced Trigger Point Techniques for Sports Injuries Lower Body-7 CE's	\$185
Friday, April 21 st	9am-5pm	**Foundations of Trigger Point Techniques-7 CE's	\$185
Saturday & Sunday, April 22 nd & 23 rd	9am-5pm	**Advanced Trigger Point Techniques for Buttocks and Hip Pain-14 CE's	\$375
May 2017			
Friday, May 5 th	10am-5pm	Fascinating Fascia, Our Three-Dimensional Soft-Tissue Matrix-6 CE's	\$160
Saturday, May 6 th	9am-5pm	**Advanced Range of Motion Assessment Upper Body-7 CE's	\$185
Sunday, May 7 th	9am-5pm	**Advanced Range of Motion Assessment Lower Body-7 CE's	\$185
Friday, May 26 th	9am-5pm	Teaching Your Clients to Use Self-Care Tools: Upper Body-7 CE's	\$185
June 2017			
Friday, June 2 nd	7pm-9pm	Movie Night: Fascinating Fascia-Strolling Under the Skin Part 2-2 CE's	FREE
Saturday & Sunday, June 3 rd & 4 th	9am-5pm	**Advanced Perpetuating Factors of Muscle Pain and Dysfunction-14 CE's	\$375
Monday, June 5 th	9am-12pm	Preventing Massage Therapist Injury with Self-Care (Section 1)-3 CE's	\$80
July 2017			
Saturday & Sunday, July 8 th & 9 th	9am-5pm	**Advanced Trigger Point Techniques for Thigh, Knee, Lower Leg and Foot Pain-14 CE's	\$375
Monday, July 10 th	10am-5pm	Treatment for People with Hypermobility-6 CE's	\$160
August 2017			
Saturday & Sunday, August 5 th & 6 th	9am-5pm	**Advanced Trigger Point Techniques for Headache, Neck and Jaw Pain-14 CE's	\$375

Monday, August 7th	9am-5pm	Techniques for People with Fibromyalgia-7 CE's	\$185
September 2017			
Saturday & Sunday, September 9th & 10th	9am-5pm	**Advanced Trigger Point Techniques for Shoulder, Chest and Upper Back Pain-14 CE's	\$375
Monday, September 11th	9am-5pm	**Business Concepts for Myofascial Trigger Point Therapy-7 CE's	\$185
October 2017			
Saturday & Sunday, October 14th & 15th	9am-5pm	**Advanced Trigger Point Techniques for Lower Back, Mid Back and Abdominal Pain-14 CE's	\$375
November 2017			
Friday, November 10th	6pm-9pm	Ethics: Ethical Considerations for Massage Therapists-3 CE's	\$40
Saturday, November 11th	9am-5pm	Frozen Shoulder Treatment Protocol-7 CE's	\$185
Sunday, November 12th	9am-5pm	**Foundations of Trigger Point Techniques-7 CE's	\$185
Monday, November 13th	9am-5pm	Teaching Your Clients to Use Self-Care Tools: Lower Body-7 CE's	\$185
December 2017			
Saturday, December 2nd	9am-5pm	**Advanced Trigger Point Techniques for Sports Injuries: Upper Body-7 CE's	\$185
Sunday, December 3rd	9am-5pm	**Advanced Trigger Point Techniques for Sports Injuries: Lower Body-7 CE's	\$185
Monday, December 4th	9am-12pm	Ethics: Ethical Considerations for Massage Therapists-3 CE's	\$40

All classes are stand-alone classes and CAN BE TAKEN IN ANY ORDER. (**) These classes are part of the Core Curriculum for our Trigger Point Therapist Training Program.

All classes are taught at our beautifully built and custom-designed, 2,000 sq. ft. clinic located in Chicago. FREE PARKING for 400, and lots of healthy restaurants nearby.

Registrants are asked to bring a set of sheets and wear comfortable clothes. Be prepared to bring a treatment table if you have one. We will let you know via email more specific details about what to expect and pre-class homework.

Expected reading materials for (**) marked "Core Classes":

- 1) Two-volume set of books: *The Trigger Point Manual; Upper Body (second Edition); and the Lower Body* by Janet G Travell and David G Simons.
 - 2) *Trigger Point Therapy for Low Back Pain* by Mary Biancalana and co-author.
 - 3) *The Trigger Point Therapy Workbook (Third Edition)* by Clair Davies & Amber Davies.
- *Host a class at your school or workplace! Mary Biancalana teaches all over the country and beyond! Call today to talk to us about our Host Provider Location special offers and discounts.*