

## Classes offered for 2017

Date	Time	Description	
<b>April 2017</b>			
Saturday & Sunday, April 29 <sup>th</sup> & 30 <sup>th</sup>	9am-5pm	**Advanced Trigger Point Techniques for Buttocks and Hip Pain-14 CE's	\$375
<b>May 2017</b>			
Friday, May 5 <sup>th</sup>	10am-5pm	Fascinating Fascia, Our Three-Dimensional Soft-Tissue Matrix-6 CE's	\$160
Saturday, May 6 <sup>th</sup>	9am-5pm	**Advanced Range of Motion Assessment Upper Body-7 CE's	\$185
Sunday, May 7 <sup>th</sup>	9am-5pm	**Advanced Range of Motion Assessment Lower Body-7 CE's	\$185
Friday, May 26 <sup>th</sup>	9am-5pm	Teaching Your Clients to Use Self-Care Tools: Upper Body-7 CE's	\$185
<b>June 2017</b>			
Friday, June 2 <sup>nd</sup>	7pm-9pm	Movie Night: Fascinating Fascia-Strolling Under the Skin Part 2-2 CE's	FREE
Saturday & Sunday, June 3 <sup>rd</sup> & 4 <sup>th</sup>	9am-5pm	**Advanced Perpetuating Factors of Muscle Pain and Dysfunction-14 CE's	\$375
Monday, June 5 <sup>th</sup>	9am-12pm	Preventing Massage Therapist Injury with Self-Care (Section 1)-3 CE's	\$80
<b>July 2017</b>			
Saturday & Sunday, July 8 <sup>th</sup> & 9 <sup>th</sup>	9am-5pm	**Advanced Trigger Point Techniques for Thigh, Knee, Lower Leg and Foot Pain-14 CE's	\$375
Monday, July 10 <sup>th</sup>	10am-5pm	Treatment for People with Hypermobility-6 CE's	\$160
<b>August 2017</b>			
Saturday & Sunday, August 5 <sup>th</sup> & 6 <sup>th</sup>	9am-5pm	**Advanced Trigger Point Techniques for Headache, Neck and Jaw Pain-14 CE's	\$375
Monday, August 7 <sup>th</sup>	9am-5pm	Techniques for People with Fibromyalgia-7 CE's	\$185
<b>September 2017</b>			
Saturday & Sunday, September 9 <sup>th</sup> & 10 <sup>th</sup>	9am-5pm	**Advanced Trigger Point Techniques for Shoulder, Chest and Upper Back Pain-14 CE's	\$375
Monday, September 11 <sup>th</sup>	9am-5pm	**Business Concepts for Myofascial Trigger Point Therapy-7 CE's	\$185
<b>October 2017</b>			
Saturday & Sunday, October 14 <sup>th</sup> & 15 <sup>th</sup>	9am-5pm	**Advanced Trigger Point Techniques for Lower Back, Mid Back and Abdominal Pain-14 CE's	\$375

November 2017			
Friday, November 10 <sup>th</sup>	6pm-9pm	Ethics: Ethical Considerations for Massage Therapists-3 CE's	\$40
Saturday, November 11 <sup>th</sup>	9am-5pm	Frozen Shoulder Treatment Protocol-7 CE's	\$185
Sunday, November 12 <sup>th</sup>	9am-5pm	**Foundations of Trigger Point Techniques-7 CE's	\$185
Monday, November 13 <sup>th</sup>	9am-5pm	Teaching Your Clients to Use Self-Care Tools: Lower Body-7 CE's	\$185
December 2017			
Saturday, December 2 <sup>nd</sup>	9am-5pm	**Advanced Trigger Point Techniques for Sports Injuries: Upper Body-7 CE's	\$185
Sunday, December 3 <sup>rd</sup>	9am-5pm	**Advanced Trigger Point Techniques for Sports Injuries: Lower Body-7 CE's	\$185
Monday, December 4 <sup>th</sup>	9am-12pm	Ethics: Ethical Considerations for Massage Therapists-3 CE's	\$40

**All classes are stand-alone classes and CAN BE TAKEN IN ANY ORDER.**

(\*\*) These classes are part of the Core Curriculum for our Trigger Point Therapist Training Program.

All classes are taught at our beautifully built and custom-designed, 2,000 sq. ft. clinic located in Chicago.

FREE PARKING for 400, and lots of healthy restaurants nearby.

Registrants are asked to bring a set of sheets and wear comfortable clothes. Be prepared to bring a treatment table if you have one. We will let you know via email more specific details about what to expect and pre-class homework.

Expected reading materials for (\*\*) marked "Core Classes":

- 1) Two-volume set of books: *The Trigger Point Manual; Upper Body (second Edition); and the Lower Body* by Janet G Travell and David G Simons.
  - 2) *Trigger Point Therapy for Low Back Pain* by Mary Biancalana and co-author.
  - 3) *The Trigger Point Therapy Workbook (Third Edition)* by Clair Davies & Amber Davies.
- *Host a class at your school or workplace! Mary Biancalana teaches all over the country and beyond!*
  - *Call today to talk to us about our Host Provider Location special offers and discounts.*