

We invite you to change the way you work. 2018 is a license renewal year. Get your CEUs with us! Call and we can register you now! 773-628-7654

List of offered courses for 2018			
<i>Mary Biancalana, Seminar Instructor</i>			
Date	Time	Description	
March 2018			
Friday, March 23 rd	6pm-8pm	Foundations of Trigger Point Techniques, Introductory Material 2 CE's	Free
Monday, March 26 th	10am-2pm	Dynamic Movement as Self-Care for Massage Therapists 4 CE's	\$107
April 2018			
Friday, April 6 th	7pm-9pm	Fascinating Fascia: (Part 1) Understanding Our Three-Dimensional Soft-Tissue Matrix 2 CE's	Free
Saturday, April 7 th & Sunday, April 8 th	9am-5pm	**Advanced Trigger Point Techniques for Headache, Neck and Jaw Pain 14 CE's	\$375
Monday, April 23 rd	9am-5pm	**Foundations of Trigger Point Techniques 7 CE's	\$185
Saturday & Sunday, April 28 th & 29 th	9am-5pm	**Advanced Trigger Point Techniques for Buttocks and Hip Pain 14 CE's	\$375
May 2018			
Friday, May 4 th	10am-5pm	Fascinating Fascia: Our Three-Dimensional Soft-Tissue Matrix 6 CE's	\$160
Saturday, May 19 th	9am-5pm	**Advanced Range of Motion Assessment Upper Body 7 CE's	\$185
Sunday, May 20 th	9am-5pm	**Advanced Range of Motion Assessment Lower Body 7 CE's	\$185
June 2018			
Friday, June 1 st	7pm-9pm	Fascinating Fascia: (Part 1) Understanding Our Three-Dimensional Soft-Tissue Matrix 2 CE's	Free
Saturday & Sunday June 2 nd & 3 rd	9am-5pm	**Advanced Perpetuating Factors of Muscle Pain and Dysfunction 14 CE's	\$375
Monday, June 4 th	9am-12pm	Preventing Massage Therapist Injury with Self-Care (Section 1) 3 CE's	\$80
July 2018			
Saturday & Sunday July 14 th & 15 th	9am-5pm	**Advanced Trigger Point Techniques for Thigh, Knee, Lower Leg and Foot 14 CE's	\$375
Monday July 16 th	10am-5pm	Treatment for People with Hypermobility 6 CE's	\$160
August 2018			
Saturday, August 11 th	9am-5pm	**Advanced Trigger Point Techniques for Sports Injuries Upper Body 7 CE's	\$185

Sunday, August 12th	9am-5pm	**Advanced Trigger Point Techniques for Sports Injuries Lower Body 7 CE's	\$185
Monday, August 13th	9am-5pm	Techniques for People with Fibromyalgia 7 CE's	\$185
September 2018			
Saturday & Sunday September 8th & 9th	9am-5pm	**Advanced Trigger Point Techniques for Shoulder, Chest and Upper Back Pain 14 CE's	\$375
Monday, September 10th	9am-5pm	**Business Concepts for Myofascial Trigger Point Therapy 7 CE's	\$185
October 2018			
Saturday & Sunday, October 13th & 14th	9am-5pm	**Advanced Trigger Point Techniques for Lower Back, Mid Back and Abdominal Pain 14 CE's	\$375
Monday, October 15th	9am to 5pm	Foundations of Trigger Point Techniques 7 CE's	\$185
Monday, October 22th	10am-1pm	Preventing Massage Therapist Injury with Self-Care (Section 1) 3 CE's	\$80
Monday, October 29th	10am-1pm	Preventing Massage Therapist Injury with Self-Care (Section 2) 3 CE's	\$80
November 2018			
Saturday & Sunday, November 3rd & 4th	9am-5pm	**Advanced Trigger Point Techniques for Headache, Neck and Jaw Pain 14 CE's	\$375
Friday, November 9th	6pm-9pm	Ethics: Ethical Considerations for Massage Therapists 3 CE's	\$40
Saturday, November 10th	9am-5pm	Frozen Shoulder Treatment Protocol 7 CE's	\$185
Sunday, November 11th	9am-12pm	Preventing Massage Therapist Injury With Self-Care (Section 2) 3 CE's	\$80
Sunday, November 11th	1pm-4pm	Preventing Massage Therapist Injury With Self-Care (Section 3) 3 CE's	\$80
December 2018			
Saturday, December 1st	9am-5pm	**Advanced Trigger Point Techniques for Sports Injuries: Upper Body 7 CE's	\$185
Sunday, December 2nd	9am-5pm	**Advanced Trigger Point Techniques for Sports Injuries: Lower Body 7 CE's	\$185
Monday, December 3rd	9am-12pm	Ethics: Ethical Considerations for Massage Therapists 3 CE's	\$40

Wednesday December 19th	9am – 12pm	Using Trigger Point Tools for Self-Care, Upper Body (Section 1)	\$80
Wednesday December 19th	9am – 12pm	Using Trigger Point Tools for Self-Care, Lower Body (Section 1)	\$80
Thursday Dec 27th	6pm – 9pm	Ethics: Ethical Considerations for Massage Therapists 3 CE's	\$40

All classes are stand-alone classes and CAN BE TAKEN IN ANY ORDER.

(**) These classes are part of the Core Curriculum for our Trigger Point Therapist Training Program.

All Classes are taught at our beautiful and custom-designed and built 2,000 sq. ft. Clinic in Chicago. Lots of windows, FREE PARKING for 400, and lots of healthy restaurants nearby.

Registrants are asked to bring a set of sheets, bolster, and wear comfortable clothes. Be prepared to bring a treatment table if you have one. We will let you know via email more specific details about what to expect and pre-class homework.

Expected reading materials; For (**) marked “Core Classes” registrants should have the two volume Set; Janet G Travell and David G Simons; The Trigger Point Manual; Upper Body (second Edition); and the Lower Body.

- **Host a class at your school or workplace!** Mary Biancalana teaches all over the country and beyond! Call today to talk to us about our Host Provider Location special offers and discounts.
- **Invite your co-workers and colleagues!** Save money!. Call us for group discounts if multiple practitioners register from the same business or studio. Forward this class schedule to your friends.
- *Mary Biancalana is one of the most qualified instructors of this work. Learn from an expert. We keep up-to-date with the most current research and clinical findings in massage therapy and pain management.*
- *Mary Biancalana, Immediate Past-President of the NAMTPT, 10-Time NAMTPT National Conference Chairperson, International MyoPain Society member and Board Member, Academy of Integrated Pain Management member, published author and media promoter of Trigger Point Therapy, was the only Massage Therapist (and Non-Physician or PT) to be selected and presented at the **World Congress on Myofascial Pain and Fibromyalgia** held in October 2017 In Banglore, India.*

Follow us on Facebook, Check out our YouTube Channel “Chicago Center for Myofascial Pain Relief”