

We invite you to change the way you work. 2018 is a license renewal year. Get your CEUs with us! Call and we can register you now! 773-628-7654

<b>List of offered courses for 2018</b>			
<i>Mary Biancalana, Seminar Instructor</i>			
<b>Date</b>	<b>Time</b>	<b>Description</b>	
<b>October 2018</b>			
<b>Saturday &amp; Sunday, October 13<sup>th</sup> &amp; 14<sup>th</sup></b>	9am-5pm	**Advanced Trigger Point Techniques for Lower Back, Mid Back and Abdominal Pain <b>14 CE's</b>	\$375
<b>Monday, October 15<sup>th</sup></b>	9am to 5pm	Foundations of Trigger Point Techniques <b>7 CE's</b>	\$185
<b>Monday, October 22<sup>th</sup></b>	10am-1pm	Preventing Massage Therapist Injury with Self-Care (Section 1) <b>3 CE's</b>	\$80
<b>Monday, October 29<sup>th</sup></b>	10am-1pm	Preventing Massage Therapist Injury with Self-Care (Section 2) <b>3 CE's</b>	\$80
<b>November 2018</b>			
<b>Friday, November 9<sup>th</sup></b>	6pm-9pm	Ethics: Ethical Considerations for Massage Therapists <b>3 CE's</b>	\$40
<b>Saturday, November 10<sup>th</sup></b>	9am-5pm	Frozen Shoulder Treatment Protocol <b>7 CE's</b>	\$185
<b>Sunday, November 11<sup>th</sup></b>	9am-12pm	Preventing Massage Therapist Injury With Self-Care (Section 2) <b>3 CE's</b>	\$80
<b>Sunday, November 11<sup>th</sup></b>	1pm-4pm	Preventing Massage Therapist Injury With Self-Care (Section 3) <b>3 CE's</b>	\$80
<b>Saturday &amp; Sunday, November 17<sup>th</sup> &amp; 18<sup>th</sup></b>	9am-5pm	**Advanced Trigger Point Techniques for Headache, Neck and Jaw Pain <b>14 CE's</b>	\$375
<b>December 2018</b>			
<b>Saturday, December 1<sup>st</sup></b>	9am-5pm	**Advanced Trigger Point Techniques for Sports Injuries: Upper Body <b>7 CE's</b>	\$185
<b>Sunday, December 2<sup>nd</sup></b>	9am-5pm	**Advanced Trigger Point Techniques for Sports Injuries: Lower Body <b>7 CE's</b>	\$185
<b>Monday, December 3<sup>rd</sup></b>	9am-12pm	Ethics: Ethical Considerations for Massage Therapists <b>3 CE's</b>	\$40
<b>Wednesday December 19<sup>th</sup></b>	9am – 12pm	Using Trigger Point Tools for Self-Care, Upper Body (Section 1)	\$80

<b>Wednesday December 19th</b>	1pm- 4pm	Using Trigger Point Tools for Self-Care, Lower Body (Section 1)	\$80
<b>Thursday December 27<sup>th</sup></b>	6pm – 9pm	Ethics: Ethical Considerations for Massage Therapists <b>3 CE's</b>	\$40

All classes are stand-alone classes and CAN BE TAKEN IN ANY ORDER.

(\*\*) These classes are part of the Core Curriculum for our Trigger Point Therapist Training Program.

All Classes are taught at our beautiful and custom-designed and built 2,000 sq. ft. Clinic in Chicago. Lots of windows, FREE PARKING for 400, and lots of healthy restaurants nearby.

Registrants are asked to bring a set of sheets, bolster, and wear comfortable clothes. Be prepared to bring a treatment table if you have one. We will let you know via email more specific details about what to expect and pre-class homework.

Expected reading materials; For (\*\*) marked “Core Classes” registrants should have the two volume Set; Janet G Travell and David G Simons; The Trigger Point Manual; Upper Body (second Edition); and the Lower Body.

- **Host a class at your school or workplace!** Mary Biancalana teaches all over the country and beyond! Call today to talk to us about our Host Provider Location special offers and discounts.
- **Invite your co-workers and colleagues!** Save money!. Call us for group discounts if multiple practitioners register from the same business or studio. Forward this class schedule to your friends.
- Mary Biancalana is one of the most qualified instructors of this work. Learn from an expert. We keep up-to-date with the most current research and clinical findings in massage therapy and pain management.
- Mary Biancalana, Immediate Past-President of the NAMTPT, 10-Time NAMTPT National Conference Chairperson, International MyoPain Society member and Board Member, Academy of Integrated Pain Management member, published author and media promoter of Trigger Point Therapy, was the only Massage Therapist (and Non-Physician or PT) to be selected and presented at the **World Congress on Myofascial Pain and Fibromyalgia** held in October 2017 In Banglore, India.

Follow us on Facebook, Check out our YouTube Channel “Chicago Center for Myofascial Pain Relief”